

Name.....

Age..... Year.....

Boy Girl

This is a form about how you feel about **hitting and fighting**. There are 14 questions. For each question please tick the box that best describes you. Kids often think different things about hitting and fighting so there are no right or wrong answers. The form is about what **you** think.

Here is an example:

If someone called me a coward I would probably.....

feel upset

want to hit the other person

If you think that you would feel upset if someone called you a coward then put a cross in the first box. If you think that you would want to hit the other person if they called you a coward then put a cross in the second box.

All your answers are a secret between you and the person who is helping you fill out the form. Nobody else will see your answers. Please don't talk to anyone else while you are filling in the form and try not to let anyone else see your answers.

If there is anything you don't understand or any words that you are not sure about then make sure you ask. The person helping you will read out each question then give you some time to put down your answer. There is no rush so you can take as long as you like. Please ask if you'd like the question read out again.

Remember to put a cross in **one** box for **each** question.

When you are choosing your answers try to think of how you usually feel when you hit someone or have a fight with them. If you have never hit anyone or had a fight then try to imagine how you would feel if you did.

1. If I hit someone it would probably be because.....
 - the other person made me so mad I couldn't help it
 - the other person deserved it

2. If someone wanted to have a fight with me.....
 - I'd feel proud if I refused
 - I'd feel like a coward if I refused

3. If I was about to hit someone I would probably.....
 - feel really upset and shaky
 - feel like I was really going to teach them a lesson

4. If I had a fight with someone I would probably.....
 - not know what I was doing
 - know exactly what I was doing

5. If there were lots of people around.....
 - I'd be more likely to hit someone
 - I'd be less likely to hit someone

6. If someone hit me I would be more likely to.....
 - cry
 - hit them back

7. If I hit someone and hurt them I would probably feel.....
 - that they were asking for it
 - bad about myself

8. If I hit someone I would like them to.....
 - realise how upset they'd made me feel and how unhappy I was
 - make sure they never annoy me again

9. If I had a fight with someone I would probably tell.....
 - no one except maybe a close friend
 - lots of friends

10. If I had a fight with someone, afterwards I would probably.....
 - remember every move I'd made
 - not remember exactly what had happened

11. After a fight I would probably feel.....
- upset and bad about myself
 - happy or unhappy depending on whether I'd won or lost
12. If I was to tell my friends about a fight I'd been in I would probably.....
- try to make them see why I'd got into the fight
 - make it sound more exciting than it was
13. I think that fighting is.....
- always wrong
 - needed to make people know what I want
14. If I had a fight with someone I would feel.....
- that I had a right to hurt the other person
 - upset and bad about myself