

Name.....

Age..... Year.....

Boy Girl

This is a form about how you feel about **saying nasty things to people and having rows**. There are 14 questions. For each question please tick the box that best describes you. Kids often think different things about saying nasty things and having rows so there are no right or wrong answers. The form is about what **you** think.

Here is an example:

If someone called me a coward I would probably.....

feel upset

want to say something nasty to the other person

If you think that you would feel upset if someone called you a coward then put a cross in the first box. If you think that you would want to say something nasty to the other person if they called you a coward then put a cross in the second box.

All your answers are a secret between you and the person who is helping you fill out the form. Nobody else will see your answers. Please don't talk to anyone else while you are filling in the form and try not to let anyone else see your answers.

If there is anything you don't understand or any words that you are not sure about then make sure you ask. The person helping you will read out each question then give you some time to put down your answer. There is no rush so you can take as long as you like. Please ask if you'd like the question read out again.

Remember to put a cross in **one** box for **each** question.

When you are choosing your answers try to think of how you usually feel when you say something nasty to someone or have a row with them. If you have never said anything nasty to anyone or had a row then try to imagine how you would feel if you did.

1. If I said something nasty to someone it would probably be because.....
 - the other person made me so mad I couldn't help it
 - the other person deserved it

2. If I was about to say something really nasty to someone I would probably.....
 - feel really upset and shaky
 - feel like I was really going to teach them a lesson

3. I would be more likely to say something nasty to someone.....
 - if I was with the other person in front of my friends
 - if I was alone with the other person

4. If I had a row with someone I would probably.....
 - not know what I was saying
 - know exactly what I was saying

5. If there were lots of people around.....
 - I'd be more likely to say something nasty to someone
 - I'd be less likely to say something nasty to someone

6. If someone said lots of really nasty things to me I would be more likely to.....
 - cry
 - say something nasty back

7. If I said something nasty to someone and hurt them I would probably feel.....
 - that they were asking for it
 - bad about myself

8. If I said something nasty to someone I would like them to.....
 - realise how upset they'd made me feel and how unhappy I was
 - make sure they never annoy me again

9. If I had a row with someone I would probably tell.....
 - no one except maybe a close friend
 - lots of friends

10. If I had a row with someone, afterwards I would probably.....
- remember everything I'd said
 - not remember exactly what I'd said
11. After a row I would probably feel.....
- upset and bad about myself
 - happy or unhappy depending on whether I'd won or lost
12. If I was to tell my friends about a row I'd been in I would probably.....
- try to make them see why I'd got into the row
 - make it sound more exciting than it was
13. I think that saying nasty things to someone is.....
- always wrong
 - needed to make people know what I want
14. If I had a row with someone I would feel.....
- that I had the right to hurt the other person
 - upset and bad about myself