

Coding Sheet: Verbal aggression (saying nasty things to people and having rows)

(I) indicates an instrumental response

(E) indicates an expressive response

Score 1 for each expressive response, 0 for each instrumental response. A high score indicates a more expressive representation, a low score a more instrumental representation.

1. If I said something nasty to someone it would probably be because.....

(E) the other person made me so mad I couldn't help it

(I) the other person deserved it

2. If I was about to say something really nasty to someone I would probably.....

(E) feel really upset and shaky

(I) feel like I was really going to teach them a lesson

3. I would be more likely to say something nasty to someone.....

(I) if I was with the other person in front of my friends

(E) if I was alone with the other person

4. If I had a row with someone I would probably.....

(E) not know what I was saying

(I) know exactly what I was saying

5. If there were lots of people around.....

(I) I'd be more likely to say something nasty to someone

(E) I'd be less likely to say something nasty to someone

6. If someone said lots of really nasty things to me I would be more likely to.....

(E) cry

(I) say something nasty back

7. If I said something nasty to someone and hurt them I would probably feel.....

(I) that they were asking for it

- (E) bad about myself
8. If I said something nasty to someone I would like them to.....
- (E) realise how upset they'd made me feel and how unhappy I was
- (I) make sure they never annoy me again
9. If I had a row with someone I would probably tell.....
- (E) no one except maybe a close friend
- (I) lots of friends
10. If I had a row with someone, afterwards I would probably.....
- (I) remember everything I'd said
- (E) not remember exactly what I'd said
11. After a row I would probably feel.....
- (E) upset and bad about myself
- (I) happy or unhappy depending on whether I'd won or lost
12. If I was to tell my friends about a row I'd been in I would probably.....
- (E) try to make them see why I'd got into the row
- (I) make it sound more exciting than it was
13. I think that saying nasty things to someone is.....
- (E) always wrong
- (I) needed to make people know what I want
14. If I had a row with someone I would feel.....
- (I) that I had the right to hurt the other person
- (E) upset and bad about myself